

Spa Services Price List

Hand & Foot Treatments

Blissful Manicure	with polish	\$ 65
<i>Includes aromatherapy with choice of essential oils</i>	Sport	\$ 60
Extreme Bliss Manicure	with polish	\$ 75
<i>Includes aromatherapy with choice of essential oils</i>	Sport	\$ 70
Blissful Pedicure	with polish	\$ 80
<i>Includes aromatherapy with choice of essential oils</i>	Sport	\$ 75
Extreme Bliss Pedicure	with polish	\$ 90
<i>Includes aromatherapy with choice of essential oils</i>	Sport	\$ 85
Enhance any of the above treatments:		
- French finish, regular polish		\$ 20
- Shellac gel polish, solid color palette		\$ 20
- Shellac gel polish, french finish		\$ 30
- Paraffin treatment for hands or feet		\$ 20
Express Manicure/Pedicure includes	mani	\$ 50
polish removal, buff and cuticle push	pedi	\$ 65

Clinical Facials (DERMed)

Fundamental 101 Facial	\$ 165
Advanced 201 Facial	\$ 180
Clinical Microderm Facial	\$ 195
DERMed Peel Treatment	\$ 125
Peel with Dermaplaning	\$ 150

Luxury Anti-Aging Facials (BABOR)

Skin Performance Facial	\$ 165
HSR® Lifting Facial	\$ 195
ReVersive Anti-Aging/Collagen Booster Facial	\$ 225
TheraPro Facial Treatment (C or EGF)	\$ 165
BABOR Pro Peel Treatment	\$ 150
TheraPro with Dermaplaning	\$ 200

Enhance any of the above facial treatments with:	
- Microdermabrasion	\$ 80
- Enzyme or Chemical Peel	\$ 50
- Dermaplaning	\$ 80

Microdermabrasion

- Face	\$ 140
- Face, neck and décolleté	\$ 195

Lashes & Brows

Eyelash tint	\$ 40	Lash and brow tint	\$ 65
Eyebrow tint	\$ 35	Lash lift	\$ 85
		Lash lift & tint	\$ 110

Massage

60 min	\$ 140	Couple's 60 min	\$ 280
90 min	\$ 185	Couple's 90 min	\$ 370
Hot Stone 90 min	\$ 195	Couple's 90 min	\$ 390
Reflexology	\$ 190	Hot Stone	
30 min Targeted	\$ 80	Pre-Natal (75min)	\$ 160
Scalp Massage	\$ 80	Cupping Add-on	\$ 15
		Reiki (60min)	\$ 125



Laser Hair Removal (free consultation)

Bikini 1"	\$ 100	Lower Leg	\$ 275
Bikini 3"	\$ 150	Lower back	\$ 225
Bikini 6"	\$ 180	Men's back	\$ 400
Brazilian	\$ 225	Men's chest & abs	\$ 400
Chin	\$ 75	Men's face	\$ 200
Ears	\$ 50	Men's forearm	\$ 175
Full arm	\$ 275	Men's neck	\$ 100
Full face	\$ 200	Navel strip	\$ 65
Full leg	\$ 500	Sideburns	\$ 65
Full leg w/brazilian	\$ 675	Shoulders	\$ 240
Glabella	\$ 50	Toes	\$ 40
Ladies forearms	\$ 150	Underarm	\$ 100
Ladies neck	\$ 65	Upper arm	\$ 175
Lip and chin	\$ 115	Upper Leg	\$ 295
Lower face	\$ 125	Upper Lip	\$ 55

Skin Rejuvenation

Photo Rejuvenation (IPL):

Full face	\$ 350	Full arms	\$ 175
Lower face	\$ 170	Neck and chest	\$ 300
Upper face	\$ 130	Cheeks	\$ 125
Decollette	\$ 175	Spot treatments	\$ 75

Sublative Skin Resurfacing/Acne Scarring

Cheeks	\$ 300	Face	\$ 600
Brow	\$ 75	Forehead lines	\$ 225
Chin	\$ 150	Nasolabial Folds	\$ 150
Eyes	\$ 350	Neck	\$ 275

Sublime Skin Tightening and Wrinkle Reduction

Complete Face	\$ 350		
Eye Contour	\$ 175	Lower Face	\$ 250
Face & Neck	\$ 450	Neck	\$ 200

Veins:

6" x 6" Legs	\$ 100	Lower Leg (1/2 hour)	\$ 150
Full Leg (1 hour)	\$ 220	Nose	\$ 75

MicroNeedling:

Full Face	\$ 400	Lower Face	\$ 285
Face & Neck	\$ 450		

Body Contouring & Fat Reduction

VelaShape III - Price per area based on FREE consultation

Deep Mode • Skin tightening • Cellulite Reduction

UltraShape - \$2100 - \$4200 for a series of 3 treatments (includes VelaShape skin tightening in each session)

Cosmetic Injectables

Botox®/Dysport® \$10/unit	Fillers \$450-650/syringe (Restylane®, Revanesse®)
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Waxing Services

Back	\$ 90	Full leg & bikini	\$ 120
Brazilian	\$ 85	Lip, chin & brow	\$ 60
Chest	\$ 50	Chest/abdomen	\$ 75
Chin	\$ 20	Lower arm	\$ 40
Classic Bikini	\$ 60	Lower leg	\$ 45
Extended Bikini	\$ 70	Naval Strip	\$ 35
Eyebrow	\$ 25	Sideburns	\$ 20
Full arm	\$ 50	Underarm	\$ 35
Full leg	\$ 80	Upper leg	\$ 45
Full leg & brazilian	\$ 150	Upper lip	\$ 20

Prices in effect October 1, 2020. Prices are subject to change without notice.

Acupuncture & Subconscious Imprinting

Acupuncture improves the body's functions and promotes the natural self-healing process by stimulating specific acupuncture points from the insertion of fine, sterile needles into the skin.

90 minute assessment	\$195
60 minute treatment	\$150

Subconscious Imprinting Technique is described as reprogramming limiting beliefs, behaviours, or patterns that are negatively affecting your life and well-being by accessing root memories, experiences, emotions, or environments within your body through muscle testing. Once discovered, signature release statements change the way your body perceives and receives information.

60 minute session	\$165
90 minute session	\$200

Spa Packages & Experiences

Instant Rejuvenation Facial **\$395**

A luxurious combination using the rejuvenating complex of the Doctor Babor line with the skin tightening and lifting of the Sublime laser, this treatment gives an instant plumping of the skin, lifting and softening of expression lines and deeper wrinkles.

Sacred Nature Ritual **\$225**

A natural organic face and body ritual treatment which is nourishing and protective using products which have been formulated according to ecocert guidelines, This treatment includes a full body exfoliation using Sacred Nature gommage which incorporates a truly relaxing light massage, this ritual will end with a light facial treatment using the sacred nature range. Available with an esthetician or RMT.

Blissful Afternoon **\$450**

Envelope yourself in an afternoon at the spa at Bliss with and Extreme Manicure and Pedicure, a BABOR Skinovage Facial and a 60 minute Customized RMT Massage.

Luxury Package **\$315**

Your Luxury package include an Extreme Bliss Manicure and Pedicure along with a customized BABOR Skinovage Facial. What a great way to treat yourself!

Indulgence Package **\$295**

Pamper yourself with three hours of relaxation. An Extreme Bliss Manicure and Pedicure along with a 60 minute Customized RMT Massage. Don't forget to spend some time in the Caldarium with a cup of tea!

Prenatal Pampering **\$395**

For moms-to-be, this day will soothe sore muscles and attend to some very important needs! A prenatal massage with an RMT plus and Extreme Bliss Pedicure and Customized BABOR Skinovage Facial take care of the pampering.

Yoga Services



Bliss YogaSpa

Price List - Yoga

Drop In	\$ 20.95
10 Class Pass	\$ 169.00
20 Class Pass	\$ 310.00
40 Class Pass	\$ 550.00
One Month Unlimited	\$ 165.00
Introductory 2-Week	\$ 50.00
Monthly Auto-Renew (4 month minimum)	\$ 149.00

Price List - Rentals

Manduka Mat	\$ 4
Yogitoes Towel	\$ 4

Price List - Private Classes

75 minute session	\$ 125
additional person	\$ 15

Prices effective January 15, 2020 and are subject to change without notice
Prices do not include GST. Passes expire **ONE YEAR** from first visit.

